

Seeking for a job that secures me a professional future that matches my qualifications, skills, effective communication, team work and achievement, so that it gives me the opportunity to develop on the personal and professional levels and to perform the work optimally.

## EDUCATION

### Higher diploma

Higher diploma in Human Resource , deanship of community service , Islamic university .

05/2021

Courses

- Higher diploma degree in Human Resource , G.B.A of 4.96 out of 5 .
- Awarded general assessment of excellent degree.

Madinah, Saudi Arabia

### Bachelor

Faculty of applied medical science, Department of clinical nutrition, Taibah university.

03/2015

Courses

- Bachelor degree in Clinical nutrition, G.P.A of 4.53 out of 5 .
- Awarded general assessment of excellent with 2 nd honor degree.
- fished my 1 year internship program in Madinah at several hospitals in 2017.

Madinah, Saudi Arabia

## CERTIFICATES

Certified & classified from The Saudi Commission for health specialists. (03/2017 - 03/2023)

## TRAINING PROGRAM

- King Fahad Hospital.

rotations for 5 months

- Psychiatric Hospital

2 weeks

- Obstetrics and gynecology Hospital

rotations for 3 months

- Ohud Hospital

rotations for 2 months

- Rehabilitation Center

1 month

- Diabetes and Kidney centers

2 weeks

## WORK EXPERIENCE

### Human resourse specialist (tamheer)

Heart centre -King Fahad hospital

09/2022 - Present

Madinah, Saudi Arabia

### Clinical dietitian ( Volunteer)

King Fahad Hospital

10/2020 - 01/2021

Achievements/Tasks

- clinical dietitian at clinical nutrition department .
- Screen , assess and reassess inpatient with clinical condition who needs nutrition support in all kind oral or entral .
- Work in the outpatient clinic to assess patient according to their medical status and weigh management needs.
- Monitor and assess N.P.O patient .
- Educate patient and their families on nutritional principles and make recommendation related dietary needs and diet modification ,food selection and preparation .

Madinah, Saudi Arabia

## WORK EXPERIENCE

### Clinical dietitian (Volunteer)

Rehabilitation Centre

11/2018 - 03/2019

Madinah, Saudi Arabia

#### Achievements/Tasks

- clinical dietitian at clinical nutrition department .
- Design nutrition programs to improve or maintain the health of patient .
- Screen , assess and reassess patient according to their clinical condition with nutrition support in all kind oral or entral.

## CONFERENCES & COURSES

Healthcare education (08/2022)

Conference/Issuer of the certificate

Communication skills course (07/2022)

Conference/Issuer of the certificate

Data Analysis course (07/2021)

Conference/Issuer of the certificate

Human Resource Analysis course (06/2021)

Conference/Issuer of the certificate

Course of preventive and curative nutrition (11/2019)

Conference/Issuer of the certificate

Mini symposium / Riyadh Conference for Children (03/2019)

Conference/Issuer of the certificate

Disability and rehabilitation course (03/2019)

Conference/Issuer of the certificate

Pediatrics Update Seminar (02/2019)

Conference/Issuer of the certificate

## LANGUAGES

Arabic

Full Professional Proficiency

English

Full Professional Proficiency

## ACHIEVEMENTS

STEP English exam score : 78 (08/2022)

Degree of cognitive ability test : 72 (03/2021)

## RESEARCHES

Graduation project (02/2015)

- Research concerning the Relationship between breast cancer and nutrition life style

## VOLUNTEER EXPERIENCE

### Event Organizer

Volunteer for the Breast Cancer .

11/2019

Madinah, Saudi Arabia

## SKILLS

Strong analytical and problem-solving abilities

Communication skills

Work under pressure

Fast learning

Knowledge of clinical nutrition theory and practice

Ability to draw conclusions and make recommendation based on research data and finding

Ability to instruct others

Work on computer include all Microsoft office programs

Organize, develop and prepare special meal plan for each condition

## REFERENCES

Upon request .